

# Chatter

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## December 2016 Newsletter

160 East Adams Street, Franklin, IN • (317)736-3696

Open Monday-Friday (9am-3pm)

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## Highlights

What's Happening

**CRAFT CLUB :  
CHRISTMAS EDITION**  
Friday, Dec. 2, 9 AND 16  
11:00 a.m.

**Free:** All supplies provided unless noted otherwise. *\* You do not need to sign up to participate.*

**December 2:** Sock Snowman  
(bring a pair of tube socks)

**December 9:** MYO Christmas Cards  
(In honor of Christmas Card Day)

**December 16:** Christmas Ornaments...craft a new ornament for your tree or share!

### EMPIRE BEAUTY SCHOOL Friday, December 2

Sign up in the AAC office for free manicures, pedicures, and haircuts. Appointments are from 11:00-1:30 p.m. All services are provided free of charge, but the cosmetologists appreciate tips.



*Veterans and spouses at  
Veteran's Recognition Celebration*

# Fall Special



**COMPASS PARK ASSISTED LIVING  
OPEN TO THE PUBLIC FOR OCCUPANCY  
BEGINNING OCTOBER 1, 2016  
CALL 317-736-6141 TO SET UP YOUR  
PERSONAL TOUR TODAY!!**

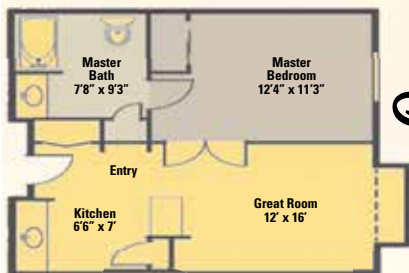
**\$99** A DAY  
*Best Price  
in Town!*

#### DAILY RATE INCLUDES:

- Apartment Maintenance
- Bi-Weekly Housekeeping
- Full Laundry Service
- Changing of Linens
- 3 Full Meals a Day
- Basic Cable
- Electricity
- Medication Management

#### AMENITIES:

- Miles of Sidewalks
- Putting Green
- Bocce Ball Court
- Playground
- Lighted Walking Trails
- Shelter Houses
- Gazebos
- Computer Labs
- Library
- Salon
- Massage Therapy
- Gift Shop
- Bistro
- Event Center &
- Much, Much More



*Assisted  
Living*

**COMPASS PARK**  
INDIANA MASONIC HOME



690 State St. | Franklin, IN 46131 | 317-736-6141 | [compasspark.org](http://compasspark.org)

#### MEXICAN TRAIN

**Friday, December 2 AND 16, 11:00 a.m.**

Mexican Train is a domino game for everyone. Whether you are a seasoned player or just learning, the fun is open to all!

#### JOYFUL NOISE IS BACK!

Join us at 10:45 a.m. on Monday mornings **beginning December 5**, as we sing a variety of songs from old-time favorites, show tunes, hymns, and more. Sing along and lift your spirits with joyful noise!

#### LUNCH AND LEARN

On **Wednesday, December 7**, Morning Pointe will serve up their monthly Lunch and Learn (*speaker and delicious lunch*) at 11:00 a.m. Come listen, lunch and learn with Morning Pointe!

#### ROOK

Since 1906, ROOK has entertained millions and millions of card game lovers. Check out this old but fun card game at the Active Adult Center on **Friday, December 9, 11:00 a.m.** We will continue to offer Rook twice each month as long as interest remains.

#### PURDUE EXTENSION

##### Small Steps Curriculum

**Monday, December 12, 12:15 a.m.**

Join Matthew Hunt, Purdue Extension NEP for a discussion about Understanding Food Labels and preparing a healthy dish. Each participant will receive an incentive gift from Purdue Extension following the presentation and a sample of the dish prepared.

#### JOY RIDE to Derby Dinner Playhouse (Clarksville, IN)

The AAC will return to the Derby Dinner Playhouse for their holiday show Honky Tonk Angels on **Tuesday, December 13** at 10:00 a.m. This show is sold out with tickets paid for in advance.

#### PAINTING WITH KIRA

**Tuesday, December 20 at 1:00 p.m.**

Pre-register for this painting class and pay \$2 at sign-up to cover supplies.



## **JOY RIDE to the Indiana State Museum/AYRES TEA ROOM**

**Tuesday, December 20, 10:00 a.m.**

Take a trip back in time and renew memories of your childhood with a trip to the Indiana State Museum and lunch at Ayres Tea Room on Tuesday, December 20. December exhibits will include 200 Objects (*History of Indiana told through 200 artifacts*), Design Zone (*STEAM Exhibition from the Oregon Museum of Science and Industry*) and Celebrations Crossing (*Santa and other Christmas activities including the 92 County Tree*.) Cost for the trip is \$15 (*transportation and admission*) plus the cost of your lunch. (*You will order from the menu at the Tea Room and pay for lunch there*). Space is limited.

## **FRIDAY AFTERNOON AT THE MOVIES: FREE MOVIE AND SNACKS**

**Friday, December 16, 12:30.**

The House Without a Christmas Tree. Addie, a resourceful young girl living in Nebraska in 1946, wants nothing more for the holidays than a Christmas tree. Will her wish come true?

## **DECEMBER PITCH-IN/CHRISTMAS PARTY**

**Wednesday, December 21**

Steve Jeffris Show (11:00 a.m.); Pitch in LUNCH AT NOON (Main dish: Ham)

Welcome back Steve Jeffris, a country-western singer who is well known and loved here at the AAC, for this year's holiday show. Steve makes a variety of appearances at fairs, festivals and special events singing and accompanying himself on the guitar. Come and sing along to country classics and holiday favorites. Please bring a covered dish to share or pay \$4.00 for lunch at the lunch table.

## **HOLIDAY CLOSINGS**

**The AAC will close on December 23 and 26 for Christmas and December 30 and January 2, 2017 for the New Year.**

**YES Theater JOY RIDE: 10:00 a.m.**

On **Tuesday, December 27**, we will visit the YES theatre in Columbus for a free movie, followed by lunch at Ruby Tuesdays. Cost is \$6 for transportation plus the cost of your lunch. Sign up on the travel sheet outside the AAC office. Space is limited.

## **DECEMBER BIRTHDAY PARTY AND BEV'S RETIREMENT PARTY**

**Wednesday, December 28, 11:00 a.m.**

Join us as we celebrate December birthdays and our friendship with Bev as she retires at the end of the month

to enjoy life fulltime with her husband (John) and family! Lunch will be provided, followed by cupcakes from Rosegate. Enjoy entertainment by our own Chuck and Friends.

After Bev's retirement Cathy will take on Bev's role as Office Manager. Rona Martin, a current AAC member and our resident catering expert, will become our newest AAC Program Coordinator. Bev may be "retiring" but she is NOT saying good-bye! We will be seeing her on a regular basis for trips, fun, and more!

## **WISH LIST**

If you have the AAC on your gift list this year would you consider "gifting" us with plastic baggies (gallon, quart, sandwich, or snack), plates, styrofoam cups or coffee or tea bags? Please put your "gift" under the tree in front of the stage. Thank you!

## **LOOKING AHEAD...**

### **Weather Closings**

The AAC follows the Franklin Community School System policy in terms of inclement weather. If Franklin schools CLOSE because of winter weather, the AAC will also close. We will open at regular time if Franklin schools are on a DELAY.

## **COMMUNITY NEWS:**

On **Saturday, December 17**, beginning at 8:00 a.m. Grace United Methodist Church will host their annual "potato drop." (*10 pounds of potatoes*) (*East Parking Lot*). Anyone welcome.

On **Sunday, December 25**, Grace United Methodist Church will sponsor their seventh annual Christmas Day Dinner. You must register for delivery of your meal from 11:30-1:30 p.m. by calling 317-736-7962 by December 20. Carry out will be available from 1:30-4:00 p.m. or you may dine in from 5:00-6:30 p.m. Note: registration is necessary ONLY for those who want their meal delivered.

Chatter in Color  
Courtesy of  
Indiana Masonic  
Home

**Aging  
Success**   
**Making Life Better**  
Resources for a healthy,  
hopeful, happy life.  
[www.agingssuccess.org](http://www.agingssuccess.org)  
Connecting Generations  
through Music  
Laura B. Haw, Gerontologist  
317-345-7917

# December 2016

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
<b>Notes: For AAC Members:</b> <b>FREE Activities:</b> Crafts (Except for the cost of supplies) Exercise Cards  <b>Activities with fees:</b> Bingo (50-cents per card) Chair Yoga (\$2/session) Painting with Kira (\$2/session)				<b>1</b> 9-Coffee/Chat 10-Tai Chi 10:45 Chair Yoga 1:00-Bid Euchre 3-Wellness Walking	<b>2</b> 9-Coffee/Chat 10-Exercise 11-1:30 Manicures, pedicures and haircuts by Empire Beauty School 11-Craft Club: Bring a pair of new socks to make a snowman 11-Mexican Train Dominoes 1-Pinocle	<b>5</b>
<b>4</b>	<b>5</b> 9-Coffee/Chat 10-Exercise 10:45-Joyful Noise Singers 11:30-Line Dancing 12-1-Blood Pressure Checks 1 <sup>st</sup> Care 1-Bingo sponsored by 1 <sup>st</sup> Care 3-Wellness Walking	<b>6</b> 9-Coffee/Chat 10-Tai Chi 10:45-Chair Yoga 1-Euchre 3-Wellness Walking	<b>7</b> 9-Coffee/Chat 9:15-Devotional Time 10-Exercise/Quilting 11-Lunch and Learn with Morning Pointe 1-Bingo sponsored by Home Instead 3-Wellness Walking	<b>8</b> 9-Coffee/Chat 10-Tai Chi 10:45-Chair Yoga 1-Bid Euchre 3-Wellness Walking	<b>9</b> 9-Coffee/Chat 10-Exercise 11-Craft Club: Christmas Cards 11-Rook 1-Pinocle	<b>10</b>
<b>11</b>	<b>12</b> 9-Coffee/Chat 10-Exercise 10:45-Joyful Noise Singers 11:30-Line Dancing 12:15-"My Plate" – Purdue Extension NEP 1-Bingo sponsored by Franklin Meadows 3-Wellness Walking	<b>13</b> 9-Coffee/Chat 10-Joy Ride to Derby Dinner 10-Tai Chi 10:45-Chair Yoga 1-Euchre 3-Wellness Walking	<b>14</b> 9-Coffee/Chat 9:15-Devotional Time 10-Exercise/Quilting 1-Bingo sponsored by Wellington of Southport 3-Wellness Walking	<b>15</b> 9-Coffee/Chat 10-Tai Chi 10:45-Chair Yoga 1-Bid Euchre 3-Wellness Walking	<b>16</b> 9-Coffee/Chat 10-Exercise 11-Craft Club: Christmas Ornaments 11-Mexican Train 12:30-Movie: The House Without a Christmas Tree 1-Pinocle	<b>17</b>
<b>18</b>	<b>19</b> 9-Coffee/Chat 10-Exercise 10:45-Joyful Noise Singers 11:30-Line Dancing 1-Bingo sponsored by Southern Care 3-Wellness Walking	<b>20</b> 9-Coffee/Chat 10-Joy Ride to IN State Museum/Ayres Tea Rm 10-Tai Chi 10:45-Chair Yoga 1-Euchre 1-Painting with Kira 3-Wellness Walking	<b>21</b> 9-Coffee/Chat 9:15-Devotional Time 10-Exercise/Quilting 11- Steve Jeffris Christmas Show 12-Christmas Pitch-In (Ham) 1-Bingo sponsored by Hear Indiana 3-Wellness Walking	<b>22</b> 9-Coffee/Chat 10-Tai Chi 10:45-Chair Yoga 1-Bid Euchre 3-Wellness Walking	<b>23</b> <b>AAC CLOSED CHRISTMAS</b>	<b>24</b>
<b>25</b>	<b>26</b> <b>AAC CLOSED CHRISTMAS</b>	<b>27</b> 9-Coffee/Chat 10-YES Theatre and lunch at Ruby Tuesdays 10-Tai Chi 10:45-Chair Yoga 1-Euchre 3-Wellness Walking	<b>28</b> 9-Coffee/Chat 9:15-Devotional Time 10-Exercise/Quilting 11-Music by Chuck and Friends 12-Birthday Party sponsored by Rosegate 12-Bev's Celebration Lunch 1-Bingo 3-Wellness Walking	<b>29</b> 9-Coffee/Chat 10-Tai Chi 10:45-Chair Yoga 1-Bid Euchre 3-Wellness Walking	<b>30</b> <b>AAC CLOSED NEW YEAR</b>	<b>31</b>

## WELCOME NEW MEMBERS

Fred Brinkman  
Phyllis Sissom  
Sue Wood  
Jerry Curl  
Zella Rose  
Sylvia Davis

Renee Winther  
Carolyn Fulkerson  
Carol Carr  
Judy Curl  
Virginia Ramsey  
Sally Jennings

Tom Peters  
Wilma Fleener  
Beverly Martin  
Jessie Higgins  
Victoria Vennetti  
Lawrence Jennings

## RECIPE CORNER...from Dennis Streit

### Baked Spaghetti

2 slices bacon, cut up	1 ½ tsp. salt	1 clove garlic, minced
1 tsp. onion powder	3 cups water	½ pound, spaghetti, uncooked
½ pound ground beef	¼ tsp. pepper	2 onions, chopped
½ cup sliced ripe olives	1 cup cheddar cheese	16 oz. tomato sauce

Fry bacon 2 minutes, stir in onions and garlic. Cook until tender. Add meat and brown. Stir in seasonings, tomato sauce and water. Cover and simmer about 25 minutes. Stir in ripe olives. Break spaghetti into 2-quart casserole dish. Cover with half the cheese. Repeat layers. Cover and bake at 350 for 30 minutes. Uncover and bake 15 minutes or until browned and bubbly.

### *Food for Thought*

*Never a Christmas morning  
Never the old year ends  
But someone thinks of someone  
Old days, old times, old friends.*

Our hearts grow tender with childhood memories and love of kindred, and we are better throughout the year for having, in spirit, become a child again at Christmas-time.

~Laura Ingalls Wilder

## SHOUT OUTS:

### Brain Teaser Award

Doris Boudreau

### Wellness Award

Penny Wells



## THANK YOU:

A big thank you to everyone who came out for the special Friday afternoon Bingo on November 4! Forty-six from the AAC and 15 from Franklin College shared food, fellowship and fun with prizes for all! Special thanks to our talented AAC “crafters” who, along with FC, donated fantastic prizes, including quilted pillows, table runners, aprons and more from the AAC Quilters.

A heartfelt thanks to our veterans and their spouses and sponsors Rosegate, Christina Place and Franklin Parks and Recreation for a memorable Veterans Recognition Celebration.

“How important it is for us to recognize and celebrate our heroes and she-ros!”

~ Maya Angelou

*Pictured: Bonnie Lovins at the Craft Fair*

# *Active Adult Center*

160 E. Adams Street  
Franklin, IN 46131

## *Is There Something on Your Mind?*

Please let the AAC staff know what activities you'd like to see brought to the AAC and we'll do our best to meet your needs!

## *December Birthdays*

<i>Carolyn Fulkerson</i>	<i>December 2</i>	<i>Nancy Board</i>	<i>December 14</i>
<i>Elaine Rodman</i>	<i>December 2</i>	<i>Helen Jones</i>	<i>December 15</i>
<i>Debra Tafoya</i>	<i>December 3</i>	<i>Myrtle Barker</i>	<i>December 20</i>
<i>Kenneth Bayless</i>	<i>December 4</i>	<i>Bill Wells</i>	<i>December 20</i>
<i>Carol Kubinski</i>	<i>December 5</i>	<i>Carl Dearth</i>	<i>December 22</i>
<i>Debby Showalter</i>	<i>December 5</i>	<i>Tana Craig</i>	<i>December 24</i>
<i>Bonnie Lovins</i>	<i>December 7</i>	<i>Nancy Thomas</i>	<i>December 24</i>
<i>John Phillips</i>	<i>December 9</i>	<i>Earlene Jones</i>	<i>December 27</i>
<i>Patricia Schultz</i>	<i>December 10</i>	<i>Patricia Phillips</i>	<i>December 29</i>
<i>Mildred Melvin</i>	<i>December 11</i>	<i>Rick Showalter</i>	<i>December 29</i>
<i>Cindy Lou Smith</i>	<i>December 11</i>	<i>Robert Hensley</i>	<i>December 30</i>
<i>Jim Wiegert</i>	<i>December 13</i>		